

FOOD MENU

MIX&MATCH

Small plates

CRISPY KING PRAWNS

Served with a wedge of lemon and a sriracha mayo dip *428 kcal*

SPICY CHICKEN QUESADILLA

Two toasted tacos with pulled jerk chicken, tomato salsa, spring onions, coriander, sour cream and melted Cheddar cheese *600 kcal*

BBQ PULLED BEEF TACOS

Two tacos filled with pulled beef rib glazed in BBQ sauce, crunchy slaw and sriracha mayo *806 kcal*

DIRTY ANGRY FACES

Potato smiley faces with a twist! Topped with nacho cheese sauce, fiery Naga Chilli sauce and crispy onions *495 kcal*

SNACK NACHOS

Tortilla chips topped with nacho cheese sauce, guacamole, salsa, sour cream and jalapeños *492 kcal*

CALAMARI STRIPS

Panko crumbed calamari strips, served with a wedge of lemon and sweet chilli sauce *272 kcal*

DRUNKEN MUSHROOMS

Beer-battered mushrooms* with a blue cheese dip *351 kcal*

CHEESE BURGER SPRING ROLLS

Three crispy spring rolls filled with prime beef and served with nacho cheese sauce *385 kcal*

HALLOUMI FRIES

Served with sweet chilli mayo *678 kcal*

KIMCHEESE BITES

A blend of Korean-style kimchi and cheese served with a jalapeño and mint yoghurt dip *298 kcal*

COLCANNON POPPERS

Classic Irish potato croquettes served with Ballymaloe relish and topped with crispy onions *279 kcal*

GUINNESS® DIRTY FRIES

Seasoned fries covered in Guinness® BBQ sauce, nacho cheese sauce and topped with crispy onions *576 kcal*

BBQ PULLED OUMPH! TACOS

Two tacos filled with Oumph! pulled BBQ chunks. Served with crunchy slaw and Ballymaloe relish *374 kcal*

HOT & KICKIN' CHICKEN BITES

Chicken bites served with Ballymaloe and katsu dip and topped with crispy onions *564 kcal*

10oz# SALT & PEPPER PRIME CHICKEN WINGS

Choose a dip from below:

DIP IT REAL GOOD

BLUE CHEESE *+47 kcal*

BBQ *+54 kcal*

BUFFALO HOT SAUCE *+5 kcal*

NAGA CHILLI *+86 kcal*

SWEET TREATS SALTED CARAMEL PROFITEROLES

Topped with caramel sauce and whipped cream *567 kcal*

BANG ON Burgers

Served in a toasted brioche-style linseed bun with our signature burger sauce, lettuce and red onion, with a side of seasoned fries and crunchy slaw

CHEESE & BACON

Prime beef patty with streaky bacon and melted Monterey Jack cheese *SGL 1246 kcal | DBL 1450 kcal*

MIGHTY MEATY

Prime beef patty and Doner-style kebab meat topped with Frank's RedHot® Buffalo Hot Sauce, mint yoghurt, jalapeños and crispy onions *SGL 1231 kcal | DBL 1411 kcal*

CHARGRILLED BEEF BURGER

SGL 942 kcal | DBL 1146 kcal

FIERY CHICKEN STACK

Two crispy, southern-fried chicken fillets topped with fiery Naga Chilli sauce and nacho cheese sauce *1223 kcal*

THE OUMPH! ^{VE}

Oumph! pulled BBQ chunks topped with Violife and tomato salsa *931 kcal*

CRISPY CHICKEN STACK

Two crispy, southern-fried chicken fillets topped with streaky bacon *1267 kcal*

CHARGRILLED CHICKEN FILLET

SGL 907 kcal | DBL 1075 kcal

FEELING A LITTLE EXTRA?:

+ STREAKY BACON *+174 kcal*

+ DONER-STYLE KEBAB MEAT *+270 kcal*

+ BBQ PULLED BEEF RIB *+300 kcal*

+ MONTEREY JACK CHEESE ^{VE} *+131 kcal*

+ BATTERED ONION RINGS ^{VE} *+752 kcal*

+ MAC 'N' CHEESE ^{VE} *+307 kcal*

+ KIMCHEESE BITES ^{VE} *+128 kcal*

UPGRADE TO TWISTER FRIES ^{VE} *+674 kcal*

PLATES FOR SHARING

...or for those with big appetites.

MACHO NACHOS ^{VE}

Tortilla chips topped with nacho cheese sauce, guacamole, salsa, sour cream and jalapeños *984 kcal*

TAKEAWAY NACHOS

Tortilla chips covered in nacho cheese sauce, guacamole, salsa and sour cream. Topped with Doner-style kebab meat, tandoori chicken pieces and jalapeños *1250 kcal*

CHICKEN WING PLATTER

Salt & pepper prime chicken wings *1430 kcal*. With your choice of three dips. Choose from:

BLUE CHEESE *+47 kcal*

BBQ *+54 kcal*

BUFFALO HOT SAUCE *+5 kcal*

NAGA CHILLI *+86 kcal*

KASHMIRI-STYLE CHICKEN TIKKA MASALA

Served with mint and coriander rice, naan bread and topped with spring onion, coriander and chilli *857 kcal*

STEAK & GUINNESS® PIE

Slow-cooked beef in a Guinness® and onion gravy with puff pastry, served with garden peas, gravy and mashed potato *1110 kcal*

CHICKEN, HAM & CHEESE TOPPED PIE

Slow-cooked chicken and ham chunks in a cheese, onion and chive white sauce, encased in a Cheddar and chive pastry with cheesy champ top. Served with garden peas, gravy and mashed potato *1127 kcal*

SAUSAGES & MASH

Irish pork & leek sausages with mash, garden peas and an Irish-whiskey sauce* *1027 kcal*

VEGETARIAN ALTERNATIVE ^{VE} *619 kcal*

SMOTHERED CHICKEN

9.25

Southern-fried chicken fillets and streaky bacon, topped with melted Monterey Jack cheese and BBQ sauce, served with seasoned fries *1087 kcal*

MAC 'N' CHEESE

Macaroni in a Cheddar cheese sauce served with garlic bread slices *840 kcal*

TOP WITH:

+ BBQ PULLED BEEF RIB *+300 kcal*

+ GRILLED CHICKEN FILLET *+169 kcal*

+ STREAKY BACON *+174 kcal*

FISH & CHIPS[†]

Hand-battered in Irish Magners® cider, served with seasoned fries, tartare sauce and mushy peas *864 kcal*

SCAMPI & CHIPS[†]

Nine pieces of whole-tail scampi with a lemon wedge, seasoned fries and garden peas *870 kcal*

IRISH HAM, EGG & CHIPS

Thick-cut Irish ham served with two fried free-range eggs, garden peas and seasoned fries *1167 kcal*

PENANG CURRY ^{VE}

Served with mint and coriander rice, naan bread and topped with spring onion, coriander and chilli *746 kcal*

Classics

DONE RIGHT

If you don't fancy exploring something new, then the classics could be for you.

FOOD MENU

HOT
OFF
THE

Grill

Chargrilled to perfection.
All served with seasoned fries

8oz# RUMP STEAK

Chargrilled aged prime steak, seasoned with black pepper and salt, served with grilled tomato, flat mushroom, garden peas, seasoned fries and your choice of sauce *930 kcal*

DOUBLE UP TO 16oz# *1338 kcal*

CHOOSE A SAUCE:

IRISH-WHISKEY SAUCE* *+67 kcal*

PEPPERCORN SAUCE* *+82 kcal*

BBQ SAUCE *+54 kcal*

CLASSIC MIXED GRILL

Small rump steak, half a gammon steak, chicken fillet, Irish pork & leek sausage and a fried free-range egg. Served with seasoned fries, garden peas, flat mushroom and a grilled tomato *1257 kcal*

MEGA MIXED GRILL

8oz# rump steak, 7oz# gammon steak, two Irish pork & leek sausages and a chicken fillet, all grilled to perfection. Served with a fried free-range egg, seasoned fries, garden peas, flat mushroom and a grilled tomato *1732 kcal*

7oz# GAMMON STEAK

Served with a fried free-range egg, grilled fresh pineapple, garden peas and seasoned fries *829 kcal*

DOUBLE UP TO 14oz# *1024 kcal*

TOP IT OFF

CRISPY KING PRAWNS

Add crispy king prawns to your steak to make it a Surf & Turf *+176 kcal*

BATTERED ONION RINGS **V** *+752 kcal*

MAC 'N' CHEESE **V** *+307 kcal*

SANDWICHES & SALADS

Served with crunchy slaw and your choice of seasoned fries (*+395 kcal*) or a dressed side salad (*+194 kcal*)

HAM, CHEESE & PICKLE

Irish thick-cut ham with Monterey Jack cheese, Ballymaloe relish and served in a warm ciabatta *725 kcal*

BBQ CHICKEN MELT

Southern-fried chicken fillets topped with BBQ sauce, bacon, Monterey Jack cheese and served in a warm ciabatta *1020 kcal*

PHILLY STEAK SANDWICH

Grilled rump steak, red onions and mushrooms, smothered in a cheese sauce and served in a warm ciabatta *592 kcal*

OUMPH! TORTILLA **VE**

Oumph! pulled BBQ chunks served in a tortilla pocket with baby gem lettuce, crunchy slaw and Ballymaloe relish *522 kcal*

DONER TORTILLA

Doner-style kebab meat served in a tortilla pocket with baby gem lettuce, crunchy slaw and Ballymaloe relish *680 kcal*

CHICKEN & BACON CAESAR SALAD

Grilled chicken fillet, streaky bacon, baby gem lettuce, cucumber, spinach and cherry tomatoes tossed with Caesar dressing *611 kcal*

FISH FINGER SANDWICH[†]

Hand-battered fish goujons in Irish Magners[®] cider, baby gem lettuce, tartare sauce and served in a warm ciabatta *930 kcal*

HUNGRY FOR MORE? HAVE A SIDE OR TWO

TWISTER FRIES **V** *674 kcal*

BATTERED ONION RINGS **V** *752 kcal*

GARDEN PEAS **VE** *159 kcal*

MUSHY PEAS **VE** *174 kcal*

DRESSED SIDE SALAD **VE** *194 kcal*

SEASONED FRIES **V** *395 kcal*

DONER-STYLE KEBAB MEAT *270 kcal*

GARLIC BREAD **V** *530 kcal*

HELLO PUDDIN'

RASPBERRY ARCTIC ROLL **V**

Served with strawberry coulis and whipped cream *368 kcal*

VIENNETTA[®]

Everyone's favourite ice cream topped with chocolate sauce and whipped cream *345 kcal*

GUINNESS[®] BROWNIE **V**

Guinness[®] enriched chocolate brownie with Irish dairy vanilla ice cream and Belgian chocolate sauce *685 kcal*

BRAMLEY APPLE PIE **VE**

Served with vegan custard *599 kcal*

SALTED CARAMEL PROFITEROLES **V**

Topped with caramel sauce and whipped cream *567 kcal*

GOING OUT ON the tear?

WHY NOT FINISH YOUR MEAL WITH A PORNSTAR OR MOJITO?

Adults need around 2000 kcal a day. **V** = made with vegetarian ingredients. **VE** = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server.

All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or need help accessing our allergen information, please let us know [before ordering](#).

All calories are correct at the time of menu print. Live nutrition information is available online. [†]Fish dishes may contain small bones. #All weights stated are approximate and prior to cooking. *This dish contains alcohol. Prices include VAT at the current rate. Guinness[®] is a registered trademark of Diageo Ireland. Viennetta[®] is a trademark owned by Unilever. Frank's RedHot[®] Buffalo Hot Sauce is a trademark of McCormick & Company. All items are subject to availability.